Asking why is perfectly normal. Asking why isn’t unspiritual. However, if asking this question pushes us farther from God rather than drawing us closer to Him, it is the wrong question. Too often, we tend to question God:

- Why did this happen?
- Why didn’t You stop this, God?
- Why weren’t my prayers answered?
- Why am I alone?
- Why did this happen today of all days?!

In most situations, nothing positive can come from whatever answer there might be to a why question. Even if God gave us His reason why, we would judge Him. And His reasons, from our limited perspective, would always fall short. That’s because our flat human perceptions simply can’t process God’s multidimensional, eternal reason.

Isaiah 55:8-9: “For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord. ‘As the heavens are higher than the earth, so are my ways higher than your ways and my thought than your thoughts.’

If asking the why question doesn’t offer hope, what will? The what question. In other words: Now that this is my reality, what am I supposed to do with it? So, when God hurts your feelings, don’t ask why ... ask what? For example, ask God the following questions:

- What do You want me to do with what has happened?
- What can I learn from this?
- What part of this is for my protection?
- What other opportunities could God be providing?
- What maturity could God be building into me?

For more information, read Chapters 12 - 13 in 